



RETREATS AND NON-SCHOOL GROUPS

BREAKFAST

- Pancakes bacon or sausage links, and fruit
- French toast, bacon or sausage links, and fruit
- Egg casserole with ham, fruit, and caramel roll
- Biscuits and sausage gravy, hashbrowns, and fruit
- Scrambled eggs, hashbrowns, sausage, and fruit

Coffee, tea, orange juice and milk are served with every breakfast.

BRUNCH

- Scrambled eggs, sausage links, hash browns, caramel roll, yogurt and fruit
- Egg casserole with ham, pancakes, yogurt and fruit
- Sausage gravy, biscuits, scrambled eggs, hash browns, yogurt and fruit
- French toast, bacon, hash browns, yogurt and fruit
- Pancakes, bacon, hash browns, yogurt and fruit

Coffee, tea, orange juice and milk are served with every brunch.

LUNCH

- Brat/hot dog campfire cookout
- Turkey wraps, and soup (choice of cream of broccoli, cream of wild rice)
- Chili, cornbread and dessert
- Sloppy Joes, tator tots, veggie & dessert
- Turkey noodle soup, sandwiches, & dessert
- Pizza, veggies with dip, dessert
- · Tater tot hotdish and dinner roll
- Pulled pork sandwich, French fries and vegetable

Dessert, coffee, tea, hot chocolate, milk and water are served with every lunch.

DINNER

- Swedish meatballs, mashed potatoes, coleslaw, vegetable, dinner roll
- BBQ ribs (4-bone), cheesy potatoes, vegetable, dinner roll
- Meatloaf, mashed potatoes, vegetable, dinner roll
- Lasagna, garden salad, garlic bread
- · Pizza (cheese, pepperoni, sausage, mushroom, onion, green pepper), veggies with dip
- Spaghetti with meat sauce, garden salad, garlic bread
- Pork loin, cheese potatoes, vegetable and dinner roll
- Shepherd's pie and dinner roll
- · Turkey, mashed potatoes and gravy, vegetable and dinner roll
- Chicken breast with rice pilaf, vegetable and dinner roll
- Tater tot hotdish and dinner roll

Salad, dessert, coffee, tea, hot chocolate, milk and water are served with every dinner.

VEGETARIAN, VEGAN, DAIRY-FREE AND GLUTEN-FREE OPTIONS ARE AVAILABLE. LONG LAKE IS A NUT-FREE FACILITY.

